**Health and Wellbeing**

Learn about food rationing in World War 1. Play a range of games that children played during World War 1. Move like a Superhero-jumping running, rolling over, etc. Sort images into two groups-superheroes and villains and explain why. Talk about how villains act differently from superheroes and how their behaviour affects others. Play superhero games like ‘Superman Says’. Talk about what the word ‘hero’ means and discuss the qualities of real life heroes. Travel around a superhero obstacle course. Talk about scenarios in which they might need to call for help- do they know what to do? Who to call? What number to use? Explain how to use 999 to make an emergency call.

**Homework**

1. Plan a lunchbox fit for a superhero.
2. Who is your hero? Bring a picture to school and explain why.
3. If you could have a super power, what would it be?
4. Take pictures of yourself being a ‘superkid’ at home to help your family.
5. Maths activities.
6. Welsh activity.

**Science and Technology**

Plant poppy seeds and learn about how to care for them. Take photos of one another in superhero poses and use drawing tools on Seesaw to add superhero features such as a mask, outfit or cape. Learn about how to keep safe on the internet and make our own set of internet safety rules. Investigate our amazing senses and how they help us in everyday life and how they rely upon each other. Label parts of the human body and an associated ‘super skill’ for each part.

**Welsh**

Label a poppy with Welsh colour words. Ask and answer the question ‘Ble rwyt ti’n byw? Sing ‘Mr Hapus ydw i’. Ask and answer the question ‘Sut wyt ti?’ Sing number songs. Count objects/equipment/dinner numbers, etc.

**Maths and Numeracy**

Create a graph showing our favourite superheroes. Use number facts up to 5. Recognise irregular dot patterns to 5. Find 1 more than/ 1 less than a number within 10 using visible collections of objects. Combine two groups of objects to find ‘how many altogether’ within 10. Take away objects to find how many are left by counting the remaining items from a visible collection up to 10. Solve simple problems in a practical situation that involve simple addition and subtraction up to 10. Understand that 2p is the same as two pennies and 5p is the same as five pennies. Move in given directions.

Superheroes

Reception

**Humanities**

World War 1 week. Invite a local real life ‘hero’ into school to talk about their work (emergency service or charity worker). Listen to the story of a historical superhero and discuss how they made life better for others. Assemblies with Reverend Greaves/ Open the Book assemblies. Children in Need. Christmas play.

**Language, Literacy and Communication**

Choose a favourite superhero and explain why it is their favourite. Make a list of words to create a ‘superhero word bank’. Write a sentence to describe their favourite superhero. Add speech bubbles to a superhero picture. Read a selection of superhero stories, eg: Charlie’s Superhero Underpants, Super Pants, How to save a Superhero. Invent a superhero power for an everyday hero and write a sentence about it. Talk about their own superhero qualities- explaining what they are good at to others. Write facts about ourselves such as our name, age, address and why we are super. Describe particular foods and how they smell and taste. Transform phrases such as ‘Be a bully!’ into positive actions such as ‘Be a good friend.’

**Expressive Arts**

Create poppies from a range of materials. Create a 3D model of a superhero using clay or salt dough. Design their own superhero mask. Develop a special movement, dance or routine to demonstrate their special superpowers. Dress as a superhero for the day. Make posters to remind others of super ways to behave around school. Draw around a child on a large piece of paper and create labels to describe a ‘superkid’.