









*13th January 2023*

Dear Overmonnow Families,

At Overmonnowwe are aware that some of our pupils are young carers. A young carer is someone under 18 who is caring for a family member or friend who is ill, frail, disabled or has mental health or addiction problems. They often take on practical and/or emotional caring responsibilities that would normally be expected of an adult. Research suggests there are at least 30,000 young carers in Wales, but many do not realise they are a young carer.

We know that young carers may need a little extra support to enjoy and do well at school. At Overmonnow we are committed to ensuring that all pupils who are young carers are identified and supported effectively. Yesterday, all pupils took part in an assembly ran by Monmouthshire Young Carers Service and are aware of the support that can be given by the Young Carers team.

As the Young Carers’ Leads, we have a responsibility for ensuring all young carers are able to enjoy school and make good progress. If you think your child might be a young carer or could be affected by any of the issues we’ve highlighted, please let us know by filling in the form below and bringing it into school in a sealed envelope addressed to Miss Gibbs and Ms Evans. If you do not feel comfortable doing this, or have any further questions, please contact one of us by ringing the school office or speak to us directly.

Please fill in the form even if you think that we already hold this information as we would like to update our records. Any information that is given to us will be treated sensitively and no information will be shared without your knowledge.

Yours sincerely,

**Miss Gibbs Ms Evans**

**Wellbeing Leader ELSA/Young Carers**

**Reply slip**

Pupil’s name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Class:           \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Does the pupil have parents or other family members who have a long-term illness or disability, or who are affected by mental ill-health or substance misuse?

Yes / No

If you wish, you can give further details here:

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Would you like to be referred to the Monmouthshire Young Carers Service?

Yes / No

Carers of all ages are entitled to an assessment of need via the Local Authority, please see this website for more information

<https://www.monmouthshire.gov.uk/social-care/carers-project/needs-assessment/>

Please provide a name and telephone number or email address so that we can contact you.

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Telephone/email address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_